

SEWING GUIDE



BURP CLOTHS

MATERIALS NEEDED

- Flannelette - at least 50cm²
- Sewing machine
- Fabric scissors
- A long thin instrument to (e.g crochet hook, chopstick etc)

INSTRUCTIONS

- 1 Use fabric scissors to cut material into a 50cm x 50cm square. Flannelette is preferred as it is absorbent and doesn't slip off the caregiver's shoulder.
- 2 Fold the material in half to bring the right sides of the material together. Sew around the three open sides of the rectangle, leaving a 7cm opening.
TIPS: Line up the edge of your material with the edge of your sewing machine foot to achieve an even seam. Start and end your seam with a few back stitches.
With needle down, pivot at the corners to achieve a sharp corner.
- 3 Snip a small amount of excess material at each corner being careful not to snip your stitches.
- 4 Turn the burp cloth right sides out through the unsewn opening and use a chopstick or a crochet hook to gently poke out the corners.
- 5 Tuck in the seam allowance of the opening and press the burp cloth pulling out the seams as you go.
- 6 Top stitch around the edge of all four sides of your burp cloth sewing through the seam allowance of the opening to enclose it. This gives your burp cloth a very neat finish and helps the burp cloth to maintain its shape after washing.

Bring the completed burp cloths to Roundabout Canberra's warehouse
(80 Beaurepaire Crescent, Holt, ACT).

THANK YOU!

Roundabout Canberra would like to thank you for sewing and gifting with such care and love. These burp cloths will bring relief and joy to the recipients.